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**24-25 Lesson Plan Template**  **Week 26: Mental Health** **Teacher: Dimas** **Subject: POHS**

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| **Week of:**  **02/17-21/25** | **Monday** | **Tuesday** | **Wed./Thurs.** | **Friday** |
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| **TEKS: 130.222** | **Mental Health: Students will learn about the different components of Mental Health.** | **Mental Health: Students will learn about the different components of Mental Health and Stress.** | **Wellness: TEST (Human Growth& Nutrition)**  **-Mental Health (Socioeconomic and Mental Health)** | **Mental Health: Students will learn about the different components of Mental Health and Stages of Life.** |
| **Learning Objective** | Above. | Above | Above | Above |
| **Higher**  **Order Thinking Questions** | **Higher Order Questioning**  1.    How are mental health and mental illness distinguished?  2.    What factors influence mental health? | **Higher Order Questioning**  1. **(Turn and Talk)**  -   What causes stress? | * **Higher Order Questioning**.   1.    How are mental disorders differentiated?  2.    What disorders involve maladaptive conditions and behaviors? | **Higher Order Questioning**   When considering an individual’s psychological health, why is it helpful to distinguish between different stages of life? |
| **Agenda** | **-Do-Now:** Interactive Notebook Higher Order Questions: How are mental health and mental illness distinguished? (White Boards)  **-Chunk and Chew.-** View the***Influences on Mental Health***video segment. (Canvas-ICEV)  - Review the **Mental Health Story**  - Begin the**Socioeconomics & Mental Health Analysis Activity**.  **-DOL** | * **Do Now-**(Interactive Notebook) * **:**Complete the **Influences on Mental Health Check for Understanding** * **Effects of Stress Mind Map Activity** * **Test Study Guide.** | * **Do-Now** * (Interactive Notebook) * TEST Human Growth and Nutrition * **Socioeconomic and Mental Health Analysis Activity (Canvas)** | -   * **Do-Now** (Interactive Notebook) * **-Psychological Health Project-Stages of Life Mental Health PPT. (Canvas)** |
| **Demonstration of Learning** | DOL- Completion of the Mental Health Story (Vocabulary) with 80-100% accuracy. | DOL-Completion of Mind Map Activity. | DOL-Completion of the Test and Socioeconomic Mental Health Activity | DOL-Completion of the Assigned Stage of Life Psychological Health Project in Canvas |
| **E student Intervention & Extension** | Homework and ICEV activity. | Homework Assigned. | Homework (ICEV) | Homework |